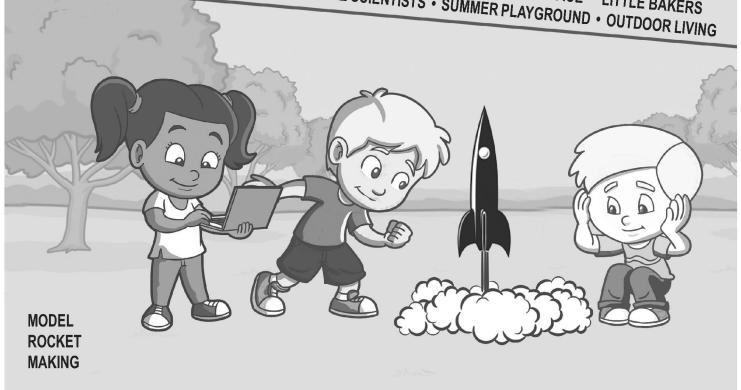
# NEEDHAM



### PARK AND RECREATION



POOLS AT RRC • FAMILY FUN NIGHTS • ARTS IN THE PARK • ADVENTURES IN SPACE • LITTLE BAKERS SPORTS UNLIMITED • NEEDHAM SHARKS • FUTURE SCIENTISTS • SUMMER PLAYGROUND • OUTDOOR LIVING



Children • Youth • Teens • Adults • Seniors • Special Events

## G E N E

### **Welcome to Summer 2019**

An invitation to people of all abilities!

People of all abilities are encouraged to participate in the programs and services provided by the Needham Park and Recreation Commission. Every effort is made to integrate participants with disabilities into the programs allowing for a successful recreational experience.

# SUMMER REGISTRATION BEGINS ON WEDNESDAY, APRIL 24, 2019 AT 9:00AM

Register online, in person, or by mail Park and Recreation does not accept any registrations by phone.

#### Registration Notes

- See Registration Policies located on the last page.
- There are no guarantees for any method of registration, so choose the method most comfortable to you.
- Remember to put you name on the waitlist if a space is not available; no payment is collected for space on waitlist.
- All programs are offered to Needham residents on a first come, first served basis, including students in the Needham Public Schools' METCO program.
- <u>Scholarships</u> may <u>only</u> be processed by mail or in person.
- <u>Credits</u> may be used online.

#### Online

www.needhamma.gov/pronlinereg

<u>In person</u> at the Park and Recreation Office—178 Rosemary Street

By mailing in your completed registration form and payment to the Park and Recreation Office—Attn: Registration

#### Park & Recreation Commission

Christopher J. Gerstel, Chairman

Cynthia J. Chaston, Vice-Chairman

David C. DiCicco

Michelle S. Geddes

Matthew M. Toolan

**Director**—Patty Carey

Assistant Director—Angela O'Connor

Administrative Specialist—Kristen Wright

The Park and Recreation Commission typically meets the 2nd and 4th Monday of each month.

#### **Park & Recreation Office**

Rosemary Recreation Complex 178 Rosemary Street, Needham, MA 02494 781-455-7930

**Open** Monday—Friday, 8:30am—5:00pm *Excluding observed Holidays* 

Special thanks to Adam Witham for the Summer cover designs, including "Parker" our official department mascot! Adam is a local Graphic Designer, and he can be contacted at <a href="mailto:adwitham@aol.com">adwitham@aol.com</a> for all graphic design needs.

#### Stay Updated with Park and Recreation



**Notify Me** is a notification system that will send you an e-mail or text message when new information is posted on the Town of Needham website, including recreation

program updates, field status updates and ice depth updates!!

- 1. Go to the Town of Needham website at

  www.needhamma.gov and click on the 'Notify Me'
  box on the left hand side of the webpage.
- 2. Enter your e-mail address (or cell phone number for text messages)
- 3. Select e-mail type, HTML or Text
- 4. Select box for RECREATION INFORMATION and/or FIELD STATUS

Like us on Facebook! Follow us on Instagram!



www.facebook.com/ NeedhamRecreation @needhampandr



## 2019 SUMMER PROGRAM SESSION CHART

Themes below apply to: Mini-Evergreen, Kidzart, Cricketeer Adventure, Summer Playground, Kids Off Broadway, Sports Specialties, Tennis Academy and Outdoor Living **ONLY** 

SESSION	DATES	THEME OF THE WEEK		
WEEK #1	JUNE 24-JUNE 28	TO INFINITY AND		
WEEK #1	00NE 24-00NE 20	BEYOND!		
WEEK #2	JULY 1-JULY 5*	PATRIOTS PARTY!		
MEEK #3	JULY 8-JULY 12	SUPERHERO ACADEMY		
WEEK #4	JULY 15-JULY 19	WELCOME TO THE		
		JUNGLE!		
WEEK \$5	JULY 22-JULY 26	UNDER THE SEA		
MEEK #6	JULY 29-AUGUST 2	SUMMER SORCERERS		
WEEK #7	AUGUST 5-AUGUST 9	MONSTER MANIA		
WEEK #8	AUGUST 12-AUGUST 15*	P&R AROUND THE WORLD		

\*PROGRAMS WILL NOT BE HELD ON THURSDAY, JULY 4 OR FRIDAY, AUGUST 16.

Fees are pro-rated for weeks 2 & 8.



## SUMMER PROGRAMS

#### MINI-EVERGREEN ADVENTURE

Summer Fun! For those who are on vacation from pre-school or ready for a break from home! The potty-trained participants will enjoy active and quiet games, crafts, music/dance, storytelling, and creative play both indoors and outdoors. The highlight of each week is a Friday show where we will showcase music and crafts from the week! Snack is provided.

3-5 years old (Birth certificate required for all participants) Age: 8, 1 week session (Follows Session Chart on page 3) Sessions: Half day: AM: 9:00am - 12:00pm or PM: 1:00 - 4:00pm Time:

Location: Mitchell Elementary School 24 participants per session Limit:

On Reg. Form: Mini-Evergreen, Week #(s) AND Time of Day (AM OR PM)

\$110 per participant | 1 week session

Prorated Fee: \$88 per participants for weeks 2 & 8 | 4-day sessions

#### **KIDZART**

Needham's new N.C. Wyeth? A half day program for boys and girls who love to create! Using the weekly themes and the support of an inventive staff, a variety of projects will be worked on each day using different mediums. The highlight of each week is a Friday show where we will showcase all of our art from the week! Snack is provided.

5—7 years old (Birth certificate required for all 5 year olds) Age: 8, 1 week session (Follows Session Chart on page 3) **Sessions:** Half day: AM: 9:00am - 12:00pm or PM: 1:00 - 4:00pm Time:

Location: Mitchell Elementary School 15 participants per session Limit:

On Reg. Form: Kidzart, Week #(s) AND Time of Day (AM OR PM)

Fee: \$110 per participant | 1 week session

Prorated Fee: \$88 per participant for weeks 2 & 8 | 4-day sessions

#### **CRICKETEER ADVENTURE**

Become a member of the "Cricketeers", and make each week of summer an unforgettable experience! With themed arts and crafts, games, songs, activities, and special events only found at Cricket Field and the Cricket House, you'll see why everyone wants to be a Cricketeer! We will spend one morning a week at the Pools at Rosemary! Bring a water bottle – snack is provided.

5—8 years old (Birth certificate required for all 5 year olds) Age: Sessions: 8, 1 week session (Follows **Session Chart** on page 3)

Half day: 9:00am - 12:00pm OR Time:

Full Day: 9:00am - 4:00pm

Location: Cricket Field

Limit: 32 participants per session (20 full day and 12 half day) On Reg. Form: Cricketeer, Week #(s) AND Time of Day (AM OR FULL DAY)

Half Day: \$110 per participant | 1 week session Full Day: \$175 per participant | 1 week session

Prorated Fee: Half Day: \$88 per participant for weeks 2 & 8 | 4-day session

Full Day: \$140 per participant for weeks 2 & 8 | 4-day session



#### SUMMER PLAYGROUND

Needham's "best kept secret!" Summer Playground is a flexible, drop-in program where children can choose from a number of themed activities, led by our dynamic staff. Whether a participant wants to be active, creative, silly, or quiet, there are organized outdoor and indoor activities throughout the day. Bring a lunch and water bottle.

5—10 year olds (Birth certificate required for all 5 year olds) Needham Resident Fees: Individual Season Pass: \$195 Age:

1, 8 week session (Follows Session Chart on page 3) Sessions:

Drop-in, between 9:00am-4:00pm Times: Mitchell Elementary School Location:

Limit: No limit

On Reg. Form: List Playground AND Season Pass OR 5 one-day passes

Family Rate (3+ children) Season Passes: \$450

5 One-Day Passes: \$105

Individual Season Pass: \$275 Non-Resident Fees:

Family Rate (3+ children) Season Passes: \$650

5 One-Day Passes: \$150









## SUMMER PROGRAMS

#### **KIDS OFF BROADWAY**

Theater is... improvisational training, character development, props, set design, costume creation, writing and on-stage performance. Participants will use their imaginations to create memorable, scripted performance based on favorite children's books. Friday, participants will be showcasing their self-expression and creativity in a live performance for family and friends to enjoy! Bring a lunch – snack is provided.

Age: 7—13 years old

Session: 8, 1 week session (Follows Session Chart on page 3)

Time: Full Day: 9:00am – 4:00pm
Location: Newman Elementary School
Limit: 20 participants per session
On Reg. Form: Kids Off Broadway AND Week #(s)
Fee: \$175 per participant | 1 week session

Prorated Fee: \$140 per participant for weeks 2 & 8 | 4-day sessions

#### **SPORTS SPECIALTIES**

Let's Play! For girls and boys of all abilities, try out a variety of common and uncommon sports...ones you like and ones you want to try. Activities are held indoors and outdoors, with fun competitions throughout the week. Weekly visits to the Pools will be scheduled. All equipment is provided. Bring a lunch and water bottle. Snacks are provided.

Age: 7—13 years old

Sessions: 8, 1 week session (Follows Session Chart on page 3)

Time: Full Day: 9:00am – 4:00pm
Location: Needham High School
Limit: 40 participants per session
On Reg. Form: Sports Specialties AND Week #(s)
Fee: \$175 per participant | 1 week session

Prorated Fee: \$140 per participant for weeks 2 & 8 | 4-day sessions

#### **OUTDOOR LIVING**

It's time for a new adventure! Participants will be active in the nature-based program, utilizing the trails and open spaces of Rosemary Lake and Memorial Park. Swimming, hiking, canoeing, fishing, field games and more will be available this summer at Outdoor Living. Snacks are provided.

Age: 8—13 years old

Session: 8, 1 week session (Follows Session Chart on page 3)

Time: Half Day: 9:00am—12:00pm

**Full Day:** 9:00am – 4:00pm

**Location:** Rosemary Recreation Complex

Limit: 40 participants per session (30 full day and 10 half day)
On Reg. Form: Outdoor Living, Week #(s) AND AM OR FULL DAY
Fee: Half Day: \$120 per participant | 1 week session
Full Day: \$185 per participant | 1 week session

Prorated Fee: Half Day: \$96 per participant for weeks 2 & 8 | 4-day sessions

Full Day: \$148 per participant for weeks 2 & 8 | 4-day sessions





#### **TENNIS ACADEMY**

Game, Set, Match! Whether you're new to tennis or have some experience, Tennis Academy will teach, improve skills, and elevate your game in a fun, positive environment. In the afternoon, we will host fun racquet sport activities and trips to the Rosemary Recreation Complex. Bring a water bottle and your own tennis racquet. Snacks are provided.

Age: 8—13 years old

Session: 8, 1 week session (Follows Session Chart on page 3)

Time: Half Day: 9:00am—12:00pm

**Full Day:** 9:00am – 4:00pm

**Location:** Needham High School

Limit: 25 participants per session (17 full day and 8 half day)
On Reg. Form: Tennis Academy, Week #(s) AND AM OR FULL DAY
Fee: Half Day: \$135 per participant | 1 week session

Full Day: \$240 per participant | 1 week session

**Prorated Fee:** Half Day: \$108 per participant for weeks 2 & 8 | 4-day sessions

Full Day: \$192 per participant for weeks 2 & 8 | 4-day sessions

## YOUTH PROGRAMS

#### **LITTLE BAKERS**

Little hands—Little bakers! Participants in this class will learn the basic steps to baking! With fun-to-make recipes from pizza to tasty treats, kids will satisfy their taste buds while learning simple math skills, science and teamwork! Each day kids will go home with what they made and take it home to bake it with their family! Eggs and dairy will be used in this class. Please note on the registration form if your child has any food allergies. Led by Diane Benson, M. Ed.

**Age:** 4—5 years old (Birth certificate required for all participants)

Session: Monday, August 12—Friday, August 16

Time: 11:00am—12:00pm
Location: Mitchell Elementary School
Limit: 8 participants (minimum of 5)

On Reg. Form: Little Bakers

Fee: \$100 per participant | 5 day session

#### MAKE IT, TAKE IT, BAKE IT

MAKE it, TAKE it and BAKE it! Using cooperation, math skills and following simple directions, "young bakers" will create their own special tasty treats. In addition to being fun, fixing your own food can help develop self-esteem and can turn fussy eaters on to new foods. Each day, kids will go home with what they made and take it home to bake it with family! Eggs and dairy will be used in this class. Please note on the registration form if your child has any food allergies. Led by Diane Benson, M. Ed.

Age: 6—10 years old

Session: Monday, August 12—Friday, August 16

**Time:** 1:00—3:30pm

Location: Mitchell Elementary School
Limit: 10 participants (minimum of 5)
On Reg. Form: Make It, Take It, Bake It

Fee: \$235 per participant | 5 day session

#### **LEGO MASTER BUILDERS**

Participants will have the opportunity to use thousands of LEGOs to create anything they want as they become their own LEGO Designer for the day! The LEGOs stay with us but the memory will last a lifetime. Each child will go home with a framed photo of themselves taken holding their LEGO creation. Each day has a different theme so register for 1 or all 5 days of play! *Please send your child with a nut free snack and drink*.

**Age:** 5—10 years old (Birth certificate required for all 5 year olds)

Session 1: Monday, August 5—Star Wars & Space Session 2: Tuesday, August 6—Jurassic World

**Session 3:** Wednesday, August 7—Superheros & Local Heros

Session 4: Thursday, August 8—Ninjago & Minecraft

**Session 5:** Friday, August 9—LEGO Movie, Harry Potter & Unikitty

**Time:** 9:15am—12:15pm

**Location:** Mitchell Elementary School

Limit: 15 participants per session (minimum of 5)
On Reg. Form: LEGO Master Builders AND Session #(s)
Fee: \$50 per participant per session | 1 day session

#### **AMERICAN GIRL—CREATE AND PLAY**

This class will help foster individual creativity, imagination and pure childhood enjoyment. Each child (and their doll/stuffed friend) will enjoy three fun-filled hours of doll sized crafts and activities. Everything made will be taken home. Each day has a different theme so register for 1 or all 5 days of play!

Please send your child with a nut free snack and drink.

**Age:** 5—10 years old (Birth certificate required for all 5 year olds)

Session 1: Monday, August 5—Lemonade Stand
Session 2: Tuesday, August 6—Bake Shoppe
Session 3: Wednesday, August 7—Camp Out
Session 4: Thursday, August 8—Top Chef
Session 5: Friday, August 9—Bedroom Set

**Time:** 1:00—4:00pm

**Location:** Mitchell Elementary School

Limit: 15 participants per session (minimum of 5)
On Reg. Form: American Girl Create & Play AND Session #(s)
Fee: \$55 per participant per session | 1 day session

#### **FUTURE SCIENTISTS & ENGINEERS**

Exploration, discovery and wonder await your imagination in this drop-off science & engineering class. Get ready to have a unique, fun and engaging morning! Activities are all hands-on. Experiments/activity challenges you will be able to take home to show your family and friends! Challenges may include: Building & Erupting a Volcano, Rainbow in a Jaw, Building a LEGO Bridge and MORE! Led by Diane Benson, M. Ed.

Age: 3.5—5 years old (Birth certificate required for all participants)

Session: Monday, July 15—Friday, July 19

Time: 11:00am—12:00pm

Location: Mitchell Elementary School

Limit: 8 participants (minimum of 5)

On Reg. Form: Future Scientists and Engineers

Fee: \$100 per participant | 5 day session

#### S.E.A.M. DISCOVERY

Do you enjoy mixing things together, buildings things, and solving problems!?! Join this program for a great time experiencing a little bit of everything! Challenges may include: Designing and building a Better Back Scratcher, Balloon-Powered Car, Rainbow in a Jar, Ocean in a Bottle and MUCH MORE! Please send your child each day with a lunch, snack and drinks. Led by Diane Benson, M. Ed.

Age: 6—10 years old

Session: Monday, July 15—Friday, July 19

Time: 1:00—4:00pm

**Location:** Mitchell Elementary School

**Limit:** 12 participants per session (minimum of 5)

On Reg. Form: S.E.A.M. Discovery

Fee: \$235 per participant | 5 day session

## YOUTH PROGRAMS

#### **EGYPTIAN DIG**

with Sciensational

Participants will discover the amazing science of archaeology as they uncover ancient artifacts. In doing this, they will learn about Egyptian life. We will excavate with tools like a real archaeologist uses. The artifacts are yours to keep. We will wet the sand that we dig into and create one of two sand sculptures for display.

Age: 6—11 years old

Session: Monday, July 29—Friday, August 2

**Time:** 9:00am—12:00pm

**Location:** Mitchell Elementary School

**Limit:** 20 participants per session (minimum of 8)

On Reg. Form: Egyptian Dig

Fee: \$150 per participant per session | 5 day session

#### HARRY POTTER—MAGICAL MYSTERY TOUR

with Sciensational

Participants join in on the escapades of Harry and his friends. Play quidditch, make an edible wand, and brew some fantastic potions to drink. Let's create and watch some amazing chemical reactions. You won't believe it! Make cool crystals, experiment with colored magic sand and see a mysterious glowing ball.

Age: 6—11 years old

Session: Monday, July 29—Friday, August 2

Time: 1:00—4:00pm

**Location:** Mitchell Elementary School

Limit: 20 participants per session (minimum of 8) On Reg. Form: Harry Potter—Magical Mystery Tour

Fee: \$150 per participant per session | 5 day session

If a participant attends both the AM and PM session, they can stay for the lunch hour.

#### BRICK BUILDING WITH LIGHT AND SOUND

with Sciensational

Participants will be able to build with a combination of bricks and electronics. Participants could build and design their own brick tower, light it up, play music, and turn on LEDs. Build your own brick bridge with melody and sound. Construct a brick mammal, a three level house, and light house. Put in Overhead lights. Participants will take home what they make.

Age: 7—12 years old

Session: Monday, July 15—Friday, July 19

**Time:** 9:00am—12:00pm

**Location:** Mitchell Elementary School

Limit: 20 participants per session (minimum of 8)

On Reg. Form: Brick Building with Light and Sound

Fee: \$150 per participant per session | 5 day session

#### **FOLLOW ME ROBOT**

with Sciensational

Participants will build a robot that has four built in microphones. Participants will make it move the way they want it to move. Participants will learn about the different gears and sensors as they build it. Get to build other robots working in groups. Participants can take their robot home.

Age: 7—12 years old

Session: Monday, July 15—Friday, July 19

**Time:** 1:00—4:00pm

**Location:** Mitchell Elementary School

Limit: 20 participants per session (minimum of 8)

On Reg. Form: Follow Me Robot

**Fee:** \$150 per participant per session | 5 day session

If a participant attends both the AM and PM session, they can stay for the lunch hour.

### NEW

#### **ADVENTURES IN SPACE**

Participants will learn about flying both in and out of Earth's atmosphere, what it's like to live and work in space and be able to design their own Space Station, Moon Base, or Mars Base. Participants will see how rockets work from the ground up by building and launching their own model rocket.

Age: 7—11 years old

**Session:** Monday, July 29—Friday, August 2

Time: 9:00am—12:00pm
Location: Mitchell Elementar

Location: Mitchell Elementary School

**Limit:** 25 participants per session (minimum of 10)

On Reg. Form: Adventures in Space

Fee: \$90 per participant | 5 day session

#### **NET GENERATION**

Net Generation is the official youth tennis of the USTA, celebrating a game where no one ever sits on the sidelines. Tennis is a game that's easy to learn and tailored for kids of all ages and abilities. This program will build and develop their skills, capture their imagination, and motivate and inspire them on and off the court.

Age: 5—7 years old

Session 1:Monday, July 8—Thursday, July 11Session 2:Monday, July 15—Thursday, July 18Session 3:Monday, July 22—Thursday, July 25Session 4:Monday, July 29—Thursday, August 1Session 5:Monday, August 5—Thursday, August 8Session 6:Monday, August 12—Thursday, August 15

Times: 5:00—6:00pm OR 6:00—7:00pm
Location: Needham High School Tennis Courts

**Limit:** 12 participants per session per time slot (minimum of 5)

On Reg. Form: Net Generation, Session #(s) AND Time Slot
Fee: \$55 per participant per session | 4 day session

## YOUTH PROGRAMS



#### **SPORTS UNLIMITED**

This program have kids playing a variety of fun games including dodgeball, rugby, soccer and floor hockey. Sports Unlimited focus' on fun games and constant playing with a mix of traditional instruction and skill development.

Age: 9—13 years old

Session: Monday, August 19—Friday, August 23

**Time:** 9:00am—12:00pm

Limit: Needham High School Multipurpose Field
30 participants per participant (minimum of 15)

On Reg. Form: Sports Unlimited

Fee: \$110 per participant | 5 day session

### NEW

#### INTRO TO FIELD HOCKEY

This collaboration program between Needham Park and Recreation and Needham Youth Field Hockey is designed to teach participants the basics and improve their stick skills. Needham High School Field Hockey coaches will be running this program.

Age: 8—12 years old

Session: Monday, August 19—Wednesday, August 21

**Time:** 1:00—4:00pm

Limit: Needham High School Multipurpose Field
30 participants per participant (minimum of 15)

On Reg. Form: Intro to Field Hockey

Fee: \$85 per participant | 3 day session

#### **OCEAN PADDLING**

This program is designed for middle-schoolers who are looking for excitement and adventure on the water. We'll spend the first two days in kayaks learning the basics and then moving to a more exciting location and the third day will be stand up paddle boarding! Some swimming ability required.

Transportation is provided to and from DeFazio each day.

Age: 11—14 years old

Session: Monday, July 29—Wednesday, July 31

**Times:** 8:30am—4:30pm

Picked up and dropped off at DeFazio Park, near Tot-Lot

Limit: 10 participants (minimum of 5)

On Reg. Form: Ocean Paddling

Fee: \$310 per participant | 3 day session

#### KIDS NIGHT OUT—POOL EDITION!

Give yourself the night off and treat your child to a supervised night out of fun and interactive games, unique craft projects, a pizza dinner, dessert AND swimming! (Bathing suits required for those who want to swim!)

**Age:** 3—10 years old (Birth certificate required for all 3—5 year olds)

Session 1: Wednesday, June 26
Session 2: Wednesday, July 10
Session 3: Wednesday, July 24
Session 4: Wednesday, August 7
Time: 5:30—9:00pm

**Location:** Rosemary Recreation Complex and the Pools at RRC

**Limit:** 50 participants per session (minimum of 20)

On Reg. Form: Kids Night Out AND Session #(s)
Fee: \$25 per participant | 1 day event



#### YOUTH VOLUNTEER PROGRAM

Youth volunteers are placed with one of our 8 main Summer Programs or our Swim Lessons at the Pools at Rosemary. Last year we placed over 250 volunteers. Volunteer information booklets and applications can be found online or picked up at the Park and Recreation office.

Registration began **Wednesday**, **April 10** and will end on **Friday**, **June 7**. Volunteer registration is available in person at the Park and Recreation Office or by mailing a completed application and fee to the office. Online registration is NOT available for this program.

Our Volunteer Program follows the **Session Chart on page 3** and is for youth **ages 11 and up**. Space is limited for each program and registration is first come, first served.

There are a **mandatory training** and **character reference** requirement for all volunteers, including those that may have previously participated in our program.

Volunteer booklets, applications and character reference forms can be found online—www.needhamma.gov/parkandrecreation under 'Volunteers'.

## ADULT/SENIOR PROGRAMS

#### **ADULT TENNIS LESSONS**

Whether you're brand new to the sport of tennis or looking to improve and develop your game, we have adult lessons to suit your interests! Choose from two skill levels.

Age: 17 years old and up Session: Tuesdays, June 25—July 23 Times: 6:00—7:00pm Beginner Level

7:00—8:00pm Intermediate Level **Newman Elementary Outdoor Courts** 

Location: Limit: 15 participants per level (minimum of 5)

On Reg. Form: Adult Tennis Lessons AND Level \$75 per participant | 5 week session

#### SENIOR EXERCISE

Time to get swimsuit ready! Join Shirley as she leads stretching, strengthening, coordination. toning. stabilization and abdominal exercises in this fun class designed for men and women ages 50 or older.

Age: 50 years old and up

Wednesdays, June 5-July 31 Session 1:

Session 2: Wednesdays, August 7—September 25

Time: 9:15-10:15am Location: Center at the Heights

Limit: 30 participants per session (minimum of 10)

On Reg. Form: Senior Exercise AND Session #

Fee: \$25 per participant per session | 8 week session

#### **ADULT GOLF LESSONS**

Par! Birdie! Bogey! What do all of these things have in common? Golf of course! Let this be the summer you learn the game or improve your skills! Lesson are taught by Needham Golf Club's PGA professional instructor. Some Golf Clubs required.

17 years old and up Age: Sessions: Tuesdays, July 9-August 6

> Wednesdays, July 10-August 7 5:30—6:30pm Beginner Level

Times: 6:30-7:30pm Advanced Beginner Level

Location: Needham Golf Club

Limit: 7 participants per session per level (minimum of 4)

On Reg. Form: Adult Golf Lessons, Day AND Level \$110 per participant | 5 week session Fee:

#### **SENIOR GOLF LEAGUE**

#### \*REGISTRATION FOR NEEDHAM RESIDENTS ONLY\*

This league is for men and women, ages 50 and older, and is held at the Needham Golf Club on Tuesday mornings. Previous experiences is necessary with a 9 hole score of 72 of less.

Age: 17 years old and up

Session: Tuesdays, August 7—October 8 Time: First group tees off at 9:00am Last group tees off by 11:00am

Needham Golf Club

Location:

64 participants (minimum of 32) Limit:

On Reg. Form: Senior Golf League

\$280 per participant | 10 week session (prepay for 8) Fee:

#### **NEEDHAM GOLF CLUB PUBLIC HOURS**



The Needham Golf Club has public golf hours for **Needham residents**.

Please visit www.needhamgolfclub.net/residents-guide.html to view the Resident Guide or call the Club at 781-444-5548.

**SUNDAYS AND MONDAYS** 3:00PM—CLOSING **TUESDAYS** 8:00AM—CLOSING

#### **NEEDHAM TENNIS BADGES**

went on sale Friday, March 1, 2019

Badges are required for all public court use at Mills Field, Newman School and **INDIVIDUAL RATE:** \$30

Needham High School Tennis Courts from March—October each year. **FAMILY RATE:** \$45

Badges are available to Needham residents ages 8 and up. Badges can be **SENIOR RATE:** \$15

purchased by mail or at the Park and Recreation Office.

### RATES FOR THE POOLS AT RRC

2019 SEASON RATES IN EFFECT from APRIL 13 to END OF SEASON	NEEDHAM RESIDENTS	NON- RESIDENTS
INDIVIDUAL SEASON PASS (ages 2+)	\$190.00	\$290.00
FAMILY SEASON PASS	\$385.00	\$595.00
SENIOR SEASON PASS (ages 60+)	\$96.00	\$145.00
NANNY/CARE-GIVER PASS	\$50.00	\$50.00
DAILY ADMISSION—Individual (ages 2—59)	\$10.00	\$15.00
DAILY ADMISSION—Individual after 6PM (ages 2—59)	\$5.00	\$5.00
DAILY ADMISSION—Senior (ages 60+)	\$5.00	\$7.50
DAILY ADMISSION—Senior after 6PM (ages 60+)	\$2.50	\$2.50
DAILY ADMISSION—Family Maximum	\$35.00	\$50.00
10 PACK GUEST PUNCH PASSES	\$90.00	\$145.00

### POOLS AT RRC HOURS

#### **MAY 25-JUNE 16, 2019**

The Pools, including the slides, diving board, spray deck and spray features, will be open on **WEEKENDS** (including Memorial Day) from 12:00—6:00pm. Junior rest periods will be observed every hour on the quarter of the hour (1:45, 2:45, 3:45, 4:45).

#### JUNE 17—AUGUST 18, 2019

#### **Weekdays** (Monday—Friday):

7:00—10:00am: 3—4 Lap Lanes in the Competition Pool will be open

(A deep water test is required for all youth wishing to use the competition pool)

7:15am—12:00pm: Various aquatics programs will be held in both the Competition and Recreation Pools

(See Aquatics Programs on pages 12—14 for more information)

9:00am—7:45pm: Spray Deck will be open and is geared toward our younger patrons

10:30am—12:00pm: Tot-Time in the Recreation Pool will be available

12:00—12:30pm: Facility closed for regular maintenance. All patrons must clear the Pool Deck

12:30—4:30pm: 3-4 Lap Lanes in the Competition Pool will be open

12:30—4:30pm: Diving Board in the Competition Pool will be open (additional time may be available)

12:30—7:45pm: Slides and Open Swim in the Recreation Pool will be open

4:30—7:45pm: 2-3 Lap Lanes will be closed for Swim Team Practice, other lanes open for lap swimming

(Please note that the entire Competition Pool may be unavailable to the public on Tuesdays and/or Thursday nights

during Swim Team Meets. Swim Meet schedule is posted online and will be available at the booth)

**Deep Water Tests in the Competition Pool** will occur during the junior rest periods that are held on the quarter of every hour (1:45, 2:45, 3:45, 4:45, 5:45 and 6:45pm) or when staff can accommodate during normal swim hours. Please note that the safety of all patrons is the primary job of the lifeguards and cannot be compromised to complete Deep Water Tests.

#### **Weekends** (Saturday—Sunday):

10:00am—7:45pm: Both the Recreation and the Competition Pools will be open. Junior Rest Periods will occur

every hour on the guarter of the hour (11:45, 12:45, 1:45, 2:45, 3:45, 4:45, 5:45, 6:45).

#### AUGUST 19, 2019 — END OF SEASON

It is the goal of the Park and Recreation Department to stay open as late as possible. There will be reduced hours starting August 19 and the final day (potentially Labor Day) will depend on Staff Availability.

## AQUATIC PROGRAMS

#### **TOT AND ME WATER PLAY**

Parent/Child water class with the goal of introducing young children to water and increasing comfort in the water! Join us for two week sessions Monday—Thursday for 8 great classes!

Age: 6 months old —2 years old

Session 1: Monday—Thursday, June 24—Thursday, June 28 &

Monday, July 1—Wednesday, July 3 & Friday, July 5

Session 2: Monday, July 8—Thursday, July 11 &

Monday, July 15—Thursday, July 18
Session 3: Monday, July 22—Thursday, July 25 &

Monday, July 29—Thursday, August 1

Session 4: Monday, August 5—Thursday August 8 &

Monday, August 12—Thursday, August 15

**Time:** 8:15—8:45am

Location: The Pools at Rosemary Recreation Complex
Limit: 10 pairs of participants per session (minimum of 5)

On Reg. Form: Tot and Me AND Session #(s)

Fee: \$45 per participant with a Membership | 8 classes

\$75 per participant without a Membership | 8 classes

#### **ADAPTIVE AQUATICS**

Individual lessons for swimmers with challenges who are not able to learn in a group setting, are offered in the afternoons on weekdays. The Assistant Pool Supervisor of Instructors will work with the parent to schedule ten, 30 minutes lessons.

Age: 3 years old and up

**Location:** The Pools at Rosemary Recreation Complex

On Reg. Form: Adaptive Aquatics

Fee: \$45 per participant with a Membership | 8 classes

\$75 per participant without a Membership | 8 classes



5 years old

and up

5 years old

and up

Stroke Development

Stroke Improvement

3

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#### **LEARN**—TO—SWIM

The Learn-to-Swim program is designed for preschoolers, ages 3—4, all the way up to adults. Participants progress through the levels at their own pace, mastering the skills in one level before advancing to the next. All classes are taught using the Red Cross Learn-to-Swim curriculum and are overseen by a Water Safety Instructor. Classes are rain or shine unless it is announced otherwise.

<u>Session</u>	<u>Dates</u>	Registration END at 12:00pm	
1	June 24—July 5*	Tuesday, June 25	
1	No program on July 4		
2	July 8—July 19	Tuesday, July 9	
3	July 22—August 2	Tuesday, July 23	
4	August 5—August 16	Tuesday, August 6	

#### LEARN-TO-SWIM LEVEL/TIME CHART LEARN TO SWIM LEVEL CHART Level Level **Times Little Sharks** 1 2 3 4 Description Level Ages 9:00-9:40am Swim skills are taught through **Little Sharks** 3-4 year olds play. 9:45-10:25am 10:30-11:10am 5 years old 1 Introduction to Water Skills and up 11:15-11:55am 5 years old 2 **Fundamental Aquatics Skills** and up

Location: The Pools at Rosemary Recreation Complex Limit: 10 participants per session (minimum of 5)

On Reg. Form: Learn-to-Swim, Session # (s), Level AND Time (see TIME CHART)

Fee: \$45 per participant with a Membership | 10 classes

\$45 per participant with a Membership | 10 classes \$75 per participant without a Membership | 10 classes

## AQUATIC PROGRAMS

#### **NEEDHAM SHARKS SWIM TEAM**

Join our summer swim team: The Sharks! Team members will have weekly practices and swim meets throughout the season and compete in Championships against other local Towns! *Registration began Wednesday, March 27.* 

Age: 6—18 years old (Must be 6 by July 1)

Practices Dates: Monday—Thursday, June 17—June 28 and

Mondays & Wednesday, July 1—August 8

**Practice Times:** 4:30—5:15pm 8 and under

5:15—6:00pm 9—10 year olds 6:00—6:45pm 11—12 year olds 6:45—7:45pm 13—18 year olds Practice Location: The Pools at Rosemary Recreation Complex

Limit: 20 participants per age category

On Reg. Form: Needham Sharks
Fee: \$195 per participant\*

\*Must also have a season membership to the Pools at Rosemary

Recreation Complex

Meet Locations, Dates and Times can be found online:

www.needhamma.gov/NeedhamSharks

#### YOUTH STROKE CLINICS

This program is designed for swimmers ages 8—18 to help refine their strokes and become more efficient, confident and comfortable in the water. Swimmers must have already mastered the skills of the Learn-to-Swim program.

Age: 8—18 \*See specific times by age category Session 1: Monday, June 24—Friday, June 28 Session 2: Monday, July 8—Friday, July 12 Session 3: Monday, July 15-Friday, July 19 Session 4: Monday, July 22-Friday, July 26 Session 5: Monday, July 29—Friday, August 2 Monday, August 5—Friday, August 9 Session 6: Times: 10:00-11:00am Ages 8-10 11:00am—12:00pm Ages 11-18

Location: The Pools at Rosemary Recreation Complex
Limit: 10 participants per session per age category
On Reg. Form: Youth Stroke Clinics, Session #(s) AND Time
Fee: \$30 per participant with a Membership | 5 classes

**\$60** per participant without a Membership | 5 classes

#### **HIGH SCHOOL SWIM & DIVE CONDITIONING**

Do you swim or dive for your high school team? Do you want to get a jump start to your swim or dive season? Join the Needham Sharks Swim Coaches as they whip you into shape for your season! Start your season off right!

**Age:** 14—18 \*Must be an incoming High School Freshman

Session 1: Monday, August 12—Friday, August 16
Session 2: Monday, August 19—Friday, August 23

**Time:** 10:00am—12:00pm

**Location:** The Pools at Rosemary Recreation Complex

**Limits:** <u>Swim Conditioning:</u> 20 participants per session (minimum of 4) Dive Conditioning: 8 participants per session (minimum of 4)

On Reg. Form: High School Conditioning, Swim or Dive AND Session #

Fee: \$60 per participant with a Membership | 5 classes

\$90 per participant without a Membership | 5 classes

#### **ADULT STROKE CLINICS**

This is not a 'how-to' class but a class that will help adults 18+ learn how to refine or improve certain strokes. This program consists of four—45 minute classes with each class focusing on a specific stroke (freestyle, backstroke, breast stroke and butterfly).

Age: 18 years old and up

Session 1: Mondays, June 17 and June 24 &

Wednesdays, June 19 and June 26

Session 2: Mondays, July 22 and July 29 &

Wednesdays, July 24 and July 31

**Time:** 8:00—8:45am

Location: The Pools at Rosemary Recreation Complex Limit: 8 participants per session (minimum of 4)
On Reg. Form: Adult Stroke Clinics AND Session #

**Fee:** \$30 per participant with a Membership | 4 classes

**\$60** per participant without a Membership | 4 classes

#### **PRE-MASTERS WORKOUT**

\*Prerequisites: 18 years or older and must be a swimmer that is able to proficiently swim at least freestyle and one other stroke for a minimum of 200 yards. This program is to help take swimmers from the recreation level to the next level and to learn how to build a workout.

Age: 18 years and older \*Must meet prerequisite swim ability

**Session 1:** Mondays, June 17 and June 24 &

Wednesdays, June 19 and June 26

Session 2: Mondays, July 22 and July 29 &

Wednesdays, July 24 and July 31

Time: 7:15—8:00am

Location: The Pools at Rosemary Recreation Complex Limits: 8 participants per session (minimum of 4)
On Reg. Form: Pre-Masters Workout AND Session #

**Fee:** \$30 per participant with a Membership | 4 classes

**\$60** per participant without a Membership | 4 classes

## AQUATIC PROGRAMS

#### **SENIOR AQUA AEROBICS**

This program will help build cardio, strength and can be non-weight bearing and easy on the joints. This program will consist of two—1 hour classes a week for 4 weeks.

Age: 50 years old and up

Session 1: Mondays and Thursdays, June 18—July 18
Session 2: Mondays and Thursdays, July 23—August 15

**Time:** 8:00—8:45am

Location: The Pools at Rosemary Recreation Complex Limit: 20 participants per session (minimum of 8)
On Reg. Form: Senior Aqua Aerobics AND Session #

Fee: \$45 per participant with a Membership | 8 classes

\$75 per participant without a Membership | 8 classes

#### **SUNSET YOGA**

End your day with stretching, balancing and relaxation doing yoga poses while overlooking the Pools and Rosemary Lake as the sun sets. Classes will be taught by certified yoga instructors.

Age: 50 years old and up

Session: Mondays, June 17—August 5

**Time:** 8:00—9:00pm

**Limit:** The Pools at Rosemary Recreation Complex **30** participants per session (minimum of 8)

On Reg. Form: Sunset Yoga

Fee: \$55 per participant | 8 classes

### FRIDAY FAMILY FUN NIGHTS

Special events for the whole family on **eight** summer Friday nights at the Pools at Rosemary Recreation Complex! Events are free to those with a season membership or daily pass and begin at 6:00pm and end at 7:45pm when the facility closes.

June 28 To Infinity & Beyond

July 5 Patriots Party!

July 12 Superhero Academy
July 19 Welcome to the Jungle!

July 26 Under the Sea!
August 2 Summer Sorcerers
August 9 Monster Mania

August 15 P&R Around the World!



### THE NEEDHAM EXCHANGE CLUB CELEBRATES THE 4<sup>TH</sup>!



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The Needham Exchange Club will once again be sponsoring the annual 4th of July celebrations for the Town of Needham. This event has become an important Needham tradition providing more than 70 years of memories for Needham families.

Festivities will begin at 5:30pm on Wednesday, July 3rd at Memorial Park, with food and entertainment followed by the fireworks display at dark. The Celebration continues on Thursday, July 4th beginning at 8:30am with the Charles River YMCA Road Race. Registration information will be posted once it is available.

At 9:00am there will be a raising of our nation's flag on the Town Common followed by the Grand Parade with a craft fair and flea market, athletic events, food and entertainment after the parade at Memorial Park.

There is FREE admission to the Pools at Rosemary Recreation Complex from 12:30—7:45pm!

More information about the 4th of July festivities can be found online:

https://needhamexchangeclub.org/Fourth-of-July

### **PROGRAM REGISTRATION FORM**

GENERAL INFORMATION						
Last Name:	Last Name: Today's Date://					
Address:	Objects	Char	Objection			
No.	Street	City	State	Zip		
E-mail Address:		Main Ph	Main Phone:(Home/Work/Cell)			
Alt Phone 1:	(Home/Work/Cell)	Alt Phone 2: (Home/Work/Cell)				
Emergency Contact Nan	ne :	Phone:				
PARTICIPAN	T#1 INFORMATION	PARTICIF	PARTICIPANT #2 INFORMATION			
Name:		Name:				
Date of Birth:/			JJ			
Allergies or Medical Concerns: Allergies or Medical Concerns:						
PROGRAM #1:		PROGRAM #1:				
SESSION/WEEK:	TIME/DAY/LEVEL:	SESSION/WEEK:_	TIME/	DAY/LEVEL:		
PROGRAM #2:		PROGRAM #2:				
SESSION/WEEK:	TIME/DAY/LEVEL:	SESSION/WEEK:_	TIME/	DAY/LEVEL:		
PROGRAM #3:		PROGRAM #3:				
SESSION/WEEK:	TIME/DAY/LEVEL:	SESSION/WEEK:_	TIME/	DAY/LEVEL:		
I, the registered participant or parent of the registered participant, declare that I intend to use some of the activities, facilities, programs or services offered by the Town of Needham. In consideration of being allowed such use, by agreeing below, I do hereby waive, release, and forever discharge the Town of Needham, its officers, employees, agents, representatives and all others acting on its behalf from any and all claims or causes of action (known or unknown) for any and all injury, illness, damage or loss that may occur to me, my children or my property as a result of my participant in any aspect of the activities, facilities, programs and services offered by the Town of Needham.  I agree that my participation or the participation of my child/children in any and all activities, facilities, programs, and services provided by the Town of Needham is strictly voluntary. I further agree that I assume full responsibility for my participation or my child's/children's participation in such activities, facilities, programs, and services provided by the Town of Needham and I assume any and all risk of injury, illness, damage, or loss that might result. I also agree to assume all risk of damage, loss, or theft to or of any of my personal property.						
By signing this WAIVER AND RELEASE, I acknowledge that I have read and understand its contents, and agree to be bound by the terms of thereof in its entirety.						
Print Name:	Signa	ture:	Da	te://		
(THIS AREA FOR MAILED REGISTRATIONS ONLY!)  Payment must accompany completed, mailed-in registration form in order to be processed.						
Cash or Mo	ke payable to Town of Needham - Parl ney Order			MAIL TO: Registration rk & Recreation		

Credit Card Number: \_\_\_ \_\_ \_ \_

Cardholder's Signature:\_

Expiration Date: \_\_\_/\_\_\_ CVC Code: (on back of card) \_\_

We do NOT accept fax registrations.

178 Rosemary Street

Needham, MA 02494

#### **GENERAL INFORMATION**

#### **NEEDHAM PARKS, PLAYGROUNDS &** ATHLETIC FIELDS

Needham is experiencing an overwhelming number of requests for field space for many youth and adult sports, with many parks seeing an increase in the number of people, cars, and trash. In order to keep our children and parks safe, we ask that everyone visiting a Needham park or field follow these guidelines:

- Pick up and dispose of trash properly. Trash attracts bees and wild animals.
- . Trash is picked up by truck so barrels need to be located at entrances. If barrels are full, please remove your trash from the site. Some school sites do not have barrels due to the number of students with allergies to bees.
- Report any unsafe field conditions immediately to a league supervisor or the Park and Recreation Department.
- Park in designated areas. If parking on the street is necessary, park in a manner that will allow emergency vehicles to access the fields and neighboring homes.
  - Parking in fire lanes, in crosswalks, and in front of fire hydrants is illegal and unsafe!
- Be considerate of all park neighbors, leaving enough room for access to driveways, and do not park on their lawns.

#### **NEEDHAM SPORTS ORGANIZATIONS**

ALL Youth Sports Organizations in Needham are non-profit, volunteer-run organizations providing sports playing opportunities for Needham youth.

See the 2019 Needham Youth Sports Organization Brochure at the Park and Recreation Office OR visit our website at www.needhamma.gov/parkandrecreation and select "Sports Contacts" from the left hand side of the page.

#### **HOW TO RESERVE A FIELD OR** PLAYGROUND/TOT-LOT

Call or stop by the office. If the date chosen is available, a permit will be given, and must be signed. A fee is charged for some field uses. Individuals may use the tot-lots at all times, but large groups should reserve space to avoid conflicts with other groups.

#### LOCATIONS INCLUDE:

Broadmeadow—Broadmeadow Road Claxton—Central Avenue Cricket—Hillside Avenue Eliot—Wellesley Avenue Ext. Mills—Hampton Avenue Newman—Central Avenue Riverside—Riverside Street

**DeFazio**—Dedham Avenue Hillside—Glen Gary Road Mitchell—Brookline Street **Perry**—Beaufort Avenue **Greene's**—Pickering Street

#### PLEASE NOTE:

- Bathrooms are available at DeFazio and Claxton.
- Greene's Field Playground can not be permitted.
- School playgrounds are not available during school hours.

#### SPORTS KIT RENTAL

Two Sports Kits are available for residents to use from the Park & Recreation Office.

#### PLEASE CALL THE OFFICE IN ADVANCE TO RESERVE A KIT!

Items can be rented on an individual basis, or the entire kit costing no more than \$20!

#### **REGISTRATION POLICIES**

#### **REGISTRATION LIMITS**

Registration limits are set to comply with building code regulations as well as staff/participant ratios. See individual program descriptions for specific limits. The Commission reserves the right to cancel classes when registration numbers are low.

#### AGE REQUIREMENT OF PARTICIPANTS/BIRTH CERTIFICATES

All participants MUST be noted age by first day of session. All children ages 5 and under must have a birth certificate registered with the Park and Recreation Office. This is a onetime only requirement. Mail a copy or bring one by - it will be given right back to you. Registrations for participants 5 and under are not complete without a registered birth certificate. If you were living in Needham when the child was born, copies are available at the Needham Town Clerk's Office in Town Hall. Park and Recreation CANNOT access the Town Clerk's records directly.

#### **CREDITS/REFUNDS**

The Commission has a NO REFUND policy unless the program is cancelled or there are special circumstances. In most cases, CREDITS are given and do not expire. All requests need to be submitted to Park and Recreation in writing to 178 Rosemary Street, Needham, MA 02494 or to pcarey@needhamma.gov.

#### CHANGES TO REGISTRATION

To make a change in your registration, call (781) 455-7930. Messages can be left when the office is closed. If space is available, changes will be made. Additional payments may be required if fees are different and due within the time required by the office. Credits will be given to the family account when the fee is less than original payment.

#### **NON-RESIDENT REGISTRATION**

Non-Residents may register the *Wednesday before* a program begins, if space is available, unless otherwise noted in brochure.

#### FINANCIAL ASSISTANCE/SCHOLARSHIPS

Available to Needham residents, only. Call (781) 455-7930 for more information. Register in person or by mail ONLY.

#### SPECIAL NEEDS PROGRAMING

Call (781) 455-7930 for questions about integration. Contact The Charles River Center for specialized programming for all ages at (781) 972-1018.

#### TRUST FUND FOR PARKS

Make a donation on your registration form or write a separate check in honor of your favorite park. All gifts will be placed in the Trust Fund for Parks, and will be used for park improvements. Call (781) 455-7550, press 3 for more details.

#### LOST AND FOUND

Please call (781) 455-7930 if you've lost an article at a Park & Recreation park. Found items should be dropped off at the Park & Recreation Office.

## FREE COMMUNITY EVENTS

#### **CHILDREN'S THEATRE**

#### 1:30PM on Tuesday Afternoons at the Mitchell Elementary School

Afternoon entertainment for children and their families! Donations are accepted on site to keep performances free for everyone!

July 9 Jungle Jim (Superhero Training Interactive Show)

Jungle Jim's unique combination of comedy, improv, magic and balloon artistry make him one

of the most entertaining people around!

July 16 Curious Creatures (Live Animal Show)

A hands-on, interactive live animal presentation.

July 23 Mad Science (Air and Ice Science Show)

Cool and interactive science demonstrations and together we will unlock the mystery of how to

get Egg-bert back into his house!

July 30 Robert Clarke (The Lucky Show)

Awesome magic, cool juggling skills, hilarious comedy routines.

#### **ARTS IN THE PARKS**

#### 7:00PM on Thursday Evenings at the Memorial Park Gazebo

Inclement weather site—Newman Elementary School
Bring dinner, lawn chairs or a blanket, and enjoy the music! Ample free parking.
Donations are accepted on site to keep concerts free for everyone!

July 11 Myanna

Music that mixes together jazz improvisation with funky rhythms, expressive playing and catchy tunes.

July 18 NCE Community Concert Band

Needham's very own old-Time summer Band Concert!

July 25 Element 78

A popular rock cover band from the Boston area

August 1 Southern Rail

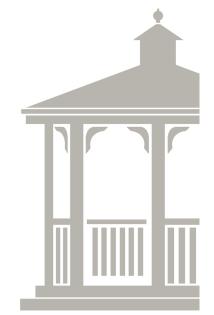
High energy exuberant bluegrass

August 8 New Legacy Swing

Entertaining Swing Band with a library of 400+ songs

August 15 4EverFab

The Beatles—Nicely played





\*Sponsors as of April 15, 2019\*



















This program is supported in part by a grant from the Neeedham Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency.